



Newsletter

February 2009

President: David Patterson Ph: 0438089758

Vice President: Ian Tucker

Coach 2008: Damien Azonovski Ph:0401819911

Captain 2008: Adam Azonovski

Fitness Coach: Robert Brown

Treasurer: Jim Darley

Secretary: David Gill / Kylie Azonovski

Promotions: Robert Stapleton / Sonia Byrne

Development: Stuart Butterfield Ph: 0422496400

Website: Daniel Shirvington, Justin Bolton

Committee: Robert Wilkins, Jack Atkinson, Michael Gratwick, Jim Russell, Tom Lewis

Under 14's to begin Training 3rd Feb

The countdown to the 2009 season start is on and for the Cooma Cats an exciting new era with the beginning of our mixed junior under 14 side in the ACT Junior AFL competition called the Snowy Mountains Supercats. Training is set to begin on Tuesdays and Thursdays from the 3rd of February from 5:00-6:30pm at Snowy Oval with Coach Martin Currie. As well as the under 14's, Auskick junior footy makes its club and school return in March 09. Furthermore the Monaro High School will enter a Supercats side in the Glen Archer cup competition in Terms 1 & 2. If you know of a junior boy or girl who is interested in playing AFL please contact either Stuart Butterfield or Dave Patterson for registration details. Registrations can also take place at Snowy Oval on Tuesdays and Thursdays from 5pm. The first Monaro interschool gala and special registration day is scheduled for March 20th at the Station Resort, Jindabyne, followed by another Gala Interschools and Registration Day for Cooma Schools on the 3rd April in Cooma. The ACT Junior AFL competition officially begins on the 2nd May.

Pre - Season Has Begun

Fitness Coach Rob Brown along with 20 Cooma based players are progressing pre-season fitness training now based back at Snowy Oval on Tuesday and Thursday evenings in February from 6pm. The sessions include weights, running, cardio and aerobic exercises as well as skill drills and game scenarios. Canberra based players have begun individual programs and are joining Woden Blues training sessions check the website and facebook for details. New players and supporters, partners welcome. Joint training sessions for Canberra and Cooma players will be taking place throughout February and March.

Rec Footy Season In Full Swing

AFL modified Rec Footy is a non contact hybrid game of AFL, touch, netball and Oztag played on a shortened zoned AFL pitch. A 10 week competition is being held on Sunday evenings from 5pm at the Cooma Showground and is open to all Cats Players, Members, Families and Friends. Players can be guys and girls 14years and older in teams of 8. The 10 week season returned on the 18th January and runs right through until the Grand Final on the 1st March and is \$40 for the season or \$5 per game and includes all equipment, insurance and a drink after each game.

Pre Season Twilight Competition

The Cooma Cats are hosting a pre-season round robin competition in Cooma for four teams Woden, Eden, Sydney Uni and Cooma. The games will be short and with two fields going at once at the Cooma Showground. The date for the Competition will be Saturday 28th February 2009. Cooma Nissan have been kind enough to put up some prize money and it is hoped juniors and a womens side will play exhibition games. Supporters interested in assisting with the organising of the competition or helping out on the day or in the canteen can contact Damien Azonovski.

Pre-Season Raffle

This year all players, sponsors and supporters will be offering people the opportunity to buy tickets in our Clubs pre-season raffle. 1st Prize is a Signed Sydney Swans Jersey and tickets to the Toyota AFL Match at Manuka Oval between the Sydney Swans and the Western Bulldogs on the 30th May. 2nd Prize is a dozen bottles of Australian Wine and 3rd Prize is Cooma Cadbury Cats Supporters Pack. Tickets are \$2. Books of 20 tickets are available now and monies and books need to be returned to Stuart Butterfield by the draw date at the Cooma Cats first Home Game on Saturday 4th April. All proceeds will go to Junior AFL Development in the Monaro Region.

Fund Raising and Sponsorship

Players and supporters are invited to submit ideas for fundraising or leads for sponsorship for the 2009 season. The playing group will once again be fundraising through training and match night raffles, 100 club at Cooma Ex-Services, BBQ at Woolworths, Wood raffle, Old Boys Game, Wives and Girlfriends Function, Casino Night, Jumper Auction, Grand Final and State of Origin Functions as well as Presentation night. If you have any fundraising or sponsorship ideas please contact Ian Tucker.

New Players / Coaches / Training & Support Staff / Volunteers

New players, coaches, training and support staff and volunteers are required for the 2009 season. If you know of someone who might be interested in joining the Cooma Cats please contact Jim Darley.

Positions advertised

- Senior Coach
- Assistant Coach
- Sports Trainer / Medical Officer
- Under 14's Coach
- Under 14's Manager
- Runners

- Goal Umpires, Boundary Umpires, Canteen Assistants, Auskick Parent Coaches / Helpers

Upcoming Dates

12th January 2009 - Club Development Staff Meeting, Manuka
2nd February 2009 - Cats Committee Meeting, Coffeys Hotel 6pm
9th February 2009 - Club Development Staff Meeting, Manuka
21st / 22nd February 2009 - Level 2 Coaching Course - Manuka
22nd February 2009 - NAB AFL Cup Match Sydney Swans vs Port Adelaide - Manuka Oval, Canberra
28th February 2009 - Cooma Cats Cup Pre-Season Twilight Competition
1st March 2009 - Cooma Cats Summer Rec Footy Grand Final
2nd March 2009 - Cats Committee Meeting, Coffeys Hotel 6pm
7th / 8th March 2009 - Level 2 Coaching Course - Wagga Wagga
11th March 2009 - Footy Web Training
14th March 2009 - Level 1 Youth Coaching Course - Manuka
16th March 2009 - Club Development Staff Meeting, Manuka
20th March 2009 - Auskick Schools Gala Day - Station Resort, Jindabyne
3rd April 2009 - Auskick Schools Gala Day Grades 3& 4- Cooma
4th April 2009 - ACT AFL Division 4 Round 1 Cooma Cats vs Harman, Harman 12:00pm
4th April 2009 - Level 1 Auskick Coaching Course - Manuka
6th April 2009 - Cats Committee Meeting, Coffeys Hotel 6pm
20th April 2009 - Club Development Staff Meeting, Manuka
26th April 2009 - ACT AFL Division 4 Round 3 Cooma Cats vs Belconnen, Snowy Oval 1:00pm
2nd May 2009 - ACT AFL Junior AFL Round 1
2nd May 2009 - ACT AFL Division 4 Round 4 Cooma Cats vs Murrumbidgee, Stirling 12:00pm
4th May 2009 - Cats Committee Meeting, Coffeys Hotel 6pm
9th May 2009 - ACT AFL Division 4 Round 5 Cooma Cats vs Cootamundra, Snowy Oval 1:00pm
11th May 2009 - Club Development Staff Meeting, Manuka
16th May 2009 - ACT AFL Division 4 Round 6 Cooma Cats vs Eastlake, Snowy Oval 1:00pm
23rd May 2009 - ACT AFL Division 4 Round 7 Cooma Cats vs ANU, ANU South 12:00pm
28th May 2009 - Auskick Schools Gala Day Grades 5&6 - Cooma
30th May 2009 - Toyota AFL Match Western Bulldogs vs. Sydney Swans - Manuka
31st May 2009 - ACT AFL Division 4 Round 8 Cooma Cats vs Gungahlin, Snowy Oval 1:00pm
1st June 2009 - Cats Committee Meeting, Coffeys Hotel 6pm
6th June 2009 - ACT AFL Division 4 Round 9 Cooma Cats vs ADFA, ADFA 12:00pm
13th June 2009 - ACT AFL Division 4 Round 10 Cooma Cats vs Yass, Snowy Oval 1:00pm
15th June 2009 - Club Development Staff Meeting, Manuka
20th June 2009 - ACT AFL Division 4 Round 11 Cooma Cats vs Harman, Snowy Oval 12:00pm
27th June 2009 - ACT AFL Division 4 Round 12 Cooma Cats vs Goulburn, Kenmore Oval Goulburn
2:00pm
5th July 2009 - ACT AFL Division 4 Round 13 Cooma Cats vs Belconnen, Jamison 12:00pm
6th July 2009 - Cats Committee Meeting, Coffeys Hotel 6pm
13th July 2009 - Club Development Staff Meeting, Manuka
19th July 2009 - ACT AFL Division 4 Round 15 Cooma Cats vs Gungahlin, Amaroo 12:00pm
25th July 2009 - ACT AFL Division 4 Round 16 Cooma Cats vs ADFA, Snowy Oval 1:00pm
26th July 2009 - Toyota AFL Match Melbourne Demons vs. Sydney Swans - Manuka
1st August 2009 - ACT AFL Division 4 Round 17 Cooma Cats vs Cootamundra, Clarke Oval

Cootamundra 2:00pm

3rd August 2009 - Cats Committee Meeting, Coffeys Hotel 6pm

8th August 2009 - ACT AFL Division 4 Round 18 Cooma Cats vs Yass, Joe O'Connor Oval, Yass
2:00pm

10th August 2009 - Club Development Staff Meeting, Manuka

15/16th August 2009 - ACT AFL Division 4 Semi Finals

22nd August 2009 - ACT AFL Division 4 Preliminary Final

30th August 2009 - ACT AFL Division 4 Grand Final

7th September 2009 - Cats Committee Meeting, Coffeys Hotel 6pm

14th September 2009 - Club Development Staff Meeting, Manuka

26th September 2009 - Toyota AFL Grand Final

12th October 2009 - Cats Committee Meeting, Coffeys Hotel 6pm

20th October 2009 - Rec Footy Summer 2009 Begins

2nd November 2009 - Cooma Cats Annual General Meeting, Cooma Ex-Services Club 6pm

Check out the Cooma Cats website www.coomacats.org.au or the Cooma Cats on Facebook at

<http://www.facebook.com/home.php?#/group.php?gid=5193752611&ref=ts>